

VI- The modernity of homoeopathy¹

Is homoeopathy modern? Yes, it is...

Even if it has its roots in most ancient elements by calling to mind 'like cures like', it has, despite the recent aspect of its appearance in the care system, a modern quality that is still little known... Its use in psychiatry², gynaecology, ophthalmology, cardiology and dermatology is only a facet of it.

Understanding what the disorder makes visible permits to shed light on what is happening and determine on a more appropriate course of action as regards the treatment as well as the course of action to take in the therapeutic relationship instituted.

Listening and observing permit a better diagnosis. The knowledge of diatheses and of the morbid risks linked to a homoeopathic type is invaluable in this respect.

The resulting prescription, whether it is allopathic or homoeopathic, will only be more appropriate about the choice and dosage.

The present advances can therefore be of use on several points:

The 'iatrogenic effects' can be illuminated by the notion of 'good responder/responding type', well known in homoeopathy.

It is important to know that certain substances are so appropriate to certain types that the latter react quickly and positively to them, which means that their dosage must be quickly decreased because of the risk of causing disorders.

This permits to understand excessive reactions³, avoid the untimely suppression⁴ of molecules if, whereas they are perfectly appropriate - we could say in 'similitude' to the subject who has them, therefore making it necessary for their dosage to be quickly decreased -, they pose problems because they are maintained in an inappropriate way.

This is a possible avenue of research.

Not only can the inability to tolerate certain drugs be illuminated but it can be prevented.

Diatheses predisposing to certain illnesses, the state of the emunctories are valuable indicators.

The more enlightened determination of the appropriate medicine, useful dosage and duration of the prescription is favoured.

This has proved true concerning antidepressants and mood stabilisers.

¹ Sixth section of a seven-part article entitled, *Entre héritage du passé et modernisme... L'homéopathie*, Geneviève Ziegel, December 2019, published on homeopsy.com

² Initiated by Doctor Jacqueline Barbancey with the creation of the GHEPP in 1973 and set out in its different facets since 2011 on homeopsy.com, which has developed in the articles published every month the various aspects of the modernity referred to here.

³ - to Roaccutane®, for instance;

⁴ Such as Atrium® 300 - recommended for trembling and mostly quite effective, its prescription was stopped given the reaction of certain patients with scapulo-humeral periarthritis.

The diagnoses made are done so in a more precise way

Concerning ADHD, often ill distinguished from bipolarity, notably in the young adolescent, the differential diagnosis proves to be easier insofar as it is possible to detect in it the various aspects of Aurum⁵ and the degree to which the organism is affected by it⁶.

As regards the different types of depression, the presence or absence of a congestive element helps to detect more precisely those with a melancholic aspect and avoid the inherent risks more easily.

Moreover, the diagnosis is often backed up by the knowledge of the prevailing diathesis in the subject; all the more so as the special features of the latter are confirmed by what comes from the knowledge of psychic structures.

More enlightened follow-up care ensues from this

As regards the patient

Corresponding to an improvement or aggravation, the need to take another medicine constitutes a most interesting point of reference.

The risks associated with a certain homoeopathic type can be anticipated: burnout for many scrupulous and perfectionist subjects of the Arg. Nit, Sepia, Ars. Alb types, potentiality of acting out, such as pyromania, if an infectious phase is not given an appropriate answer in Hepar sulph., or else impulsive suicide in Aurum...

As regards the environment

The form of *luétisation*⁷ currently occurring is an example of this. The evolution towards a form of rigidification of the thought, the greater and greater intolerance, the appearance of various pathologies often difficult to classify show the effects of a form of ossification detectable through the homoeopathic approach.

The latter can soften its effects and prevent certain impacts.

As regards the *sycotisation*⁸ brought about by the way of life and toxic elements of all sorts, it can be both fought and prevented through the knowledge of the effects of the latter on certain predisposed organisms - and by dietary advice associated with appropriate treatment.

A better approach to the disorder is therefore favoured.

⁵ Cf. *De l'hyperactivité aux nouvelles pathologies*.

⁶ Which can also be transgenerational, cf. *De l'hyperactivité aux nouvelles pathologies*.

⁷ *Luèse*: pathogenic stamp engendering disorders such as sclerosis, tissue destruction and dysmorphia with the physical and psychic disorders corresponding to them.

⁸ Sycosis: pathogenic stamp responsible for metabolic slowing down with physical and psychic effects (ideal fixedness, depression) and tumorous growths.

Better understood, the pathology will be fought in a more appropriate way and often curbed. The patient, better grasped in their specificities and, above all else, pathological risks, is treated in an individualised and therefore more appropriate way.

The prescription of Plumbum in cases of constipation in babies exposed to an environment polluted with petrol fumes is an example of this.

Certain pathologies - burnout, fibromyalgia, etc. - are better understood in their profound meaning but also anticipated in certain predisposed homoeopathic types.

The preventive measures are therefore facilitated

What treatment for whom? What precautions and for whom? The Hahnemannian approach may permit in many cases to respond to this more appropriately.

It was mentioned as regards vaccination to determine, according to the cases treated, the possible risks inherent in standardised prescription, which does not take into account the subject's fragility or the most favourable and less problematic time for them...

New lines of research may be proposed.

The explanation of the reactions of certain subjects to Roaccutane® and its connection with hyper- or hypovitaminosis A is an obvious example of this. It has permitted to understand the meaning of the iatrogenic effect in question according to the subject's sensitivity and pathological expression⁹.

This may be extended to other molecules whose toxicity in certain organisms may thus be better understood, with the proposals that may follow from it as regards the mode of prescription.

The link between the effects II of medicines and the homoeopathic types corresponding to them, such as it was suggested about antidepressants, mood stabilisers and molecules given to fight Alzheimer's disease, can constitute a new avenue of research...

Many other examples could be cited, which show that everything may not be finished but only beginning or beginning again... for another stage...

A new stage?

Only time will tell...

Let us hope, by quoting what Professor Madeleine Bastide said, that 'homoeopathy cannot die' and 'it can only reappear in one form or another since it obeys the laws of life'...

And is it not always they which impose their necessities?

We can only pay tribute to our colleague and friend Doctor Jean Alexis, a homoeopathic paediatrician and teacher from Narbonne who recently passed away and had already laid stress over fifteen years ago on the vigilance that should accompany the appearance of

⁹ Paradoxically, the proposals put forward by the company that markets it state this, proposing sequential treatment, the adaptation of dosage to the subject and the decreasing of it if they react quickly and positively to it.

those new trends within homoeopathy. 'Nous devons y faire attention, disait-il, nous risquons de nous en "mordre les doigts" un jour'¹⁰... How sound and enlightened his advice was...

The survival of homoeopathy such as taught by Hahnemann now pivots on three fundamental necessities...

Differentiating, clarifying, evolving - and making evolve.

It is up to homoeopaths to take control of their destinies and make sure that they keep in mind that necessity.

Let us hope that time will invite if not force them to, otherwise it is homoeopathy as a whole which, in a considerable step backwards, will suffer as a result of it... until... or unless...¹¹

Doctor Geneviève Ziegel

¹⁰ 'We must be careful', he said, 'we might "kick ourselves over it" one day'.

¹¹ Translated by Pascale Tempka