

III - Placebo versus nocebo or the planned death of homoeopathy

'*Primum non nocere*', Hippocrates's dogma, is one of the first things that the young doctor is taught. The recipient is also asked to show empathy with their patients and the vocation that we have entered gives us duties towards them. That frame of mind requires us, particularly when we started as family or country doctors, to find time to take an interest in the family circle of the patients, their living conditions, the striking events of their lives that may have an influence over their health at a given moment but also to get to know their social reactions in their home and professional environment. Their grandparents' and parents' illnesses were also taken into account. The doctor was the family's friend...

What of the patient's medical care today ? The low-cost consultation fee forces the doctor to have a certain amount of output that does not make it possible for them to know the patient in depth but to treat a few superficial symptoms that will be eliminated by an opposite type of medicine, which is the foundation of allopathy. Everything is anti- : antibiotics (against life), anti-inflammatories, antipyretics, analgesics, antidepressants... Allopathy forces an organ to function while the homoeopathic remedy makes it possible for it to function better. The doctor wants to replace nature instead of remaining its agent. They crush the immune system by bombarding it with vaccines instead of letting it learn and develop.

Tired of that spiral of medicines accumulating to counter the disadvantages of the previous one and so on, some reliable doctors have turned, often out of intellectual curiosity but also out of disappointment at the results they got, to other types of medicine. Of all of them, homoeopathy is the most satisfying for the mind, for it eliminates *ipso facto* all damage and notion of poisoning except in some particular situations by accentuating a pre-existent phenomenon. For devoid of toxicity does not necessarily mean devoid of effect, unlike 'scientific' dogmas, which consider that the therapeutic effect is proportional to the toxicity. Give a dose of Sulphur 15 CH to an eczema sufferer or a subject with psoriasis. A few days later, the state of their skin will have worsened so much that they will come to see you armed with a gun... And yet it is a thirty-nought dilution...

Dear scientists, dear colleagues, your practice based on algorithmic results with compulsory consensus pre-printed on your computers making all of you identical and interchangeable will permit to replace you in about ten years by artificial intelligence, which will become more pertinent and quicker in its correct decision-making process. Underpaid, having agreed to suffer the humiliation of being subjected to the stringent checks of politicians and having confirmed that you had given up your freedom of prescription with no resistance, you will have become useless in an automated, state-controlled or even free type of medicine. You will be sorry for delighting in our downfall instead of supporting the freedom to prescribe that made the practice of all of us an art !

François Guizot, the Minister of the Interior in 1830, when questioned about the possible banning of homoeopathy (the Minister of Health had not been invented yet), said : « Je n'ai pas à intervenir car, si elle n'est pas efficace, elle mourra d'elle-même, et si elle l'est, je n'ai aucune raison de l'empêcher d'exister. »¹ How wise of him ! It has survived for almost two centuries the successive governments which, every time, wanted to stop its reimbursement.

¹ 'I don't have to intervene, for if it's not effective, it will die by itself and if it is, I have no reason to stop it from existing.'

It may not survive that present army of progressive decision-makers favouring the shareholders of medical lobbies instead of the health of the people who brought them to power. After the glasses and the prostheses, the granules... !!!²

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² Translated by Pascale Tempka