

### III - LUESINUM... OR DAY-TO-DAY HELL<sup>1</sup>

***Stress towards life, its Order, its orders and rules ;***

***Suffering, fear, anxiety, despair...***

***Pain... pain... pain...***

***Always... and everywhere.***

The mouth ulcerates, like the nose and genitals. The skin 'abscesses repeatedly' and shows 'brownish and malodorous rashes', the genitals are the seat of 'profuse leucorrhoea running down the legs', the area of the heart is as painful as the periods and inflamed ovaries. The bones are painful, especially at night, 'as if they were sawn'...

The picture is that of day-to-day hell...

The 'linear pains' go 'from one temple to the other or from the eyes backwards'. They 'bring about insomnia and delirium'... What is felt in the bones of the skull gives 'the sensation that the crown of the head is going to detach itself'.

It becomes impossible to think or be elsewhere except in what the materiality of the body imposes every minute...

The 'stupefying cephalalgia' adds to the feeling of malaise which makes it impossible to look at lights and daylight, which symbolises life...

The 'inflamed eyes' which 'water, the swollen eyelids', the cornea which gets inflamed repeatedly accentuate this constraint... They isolate still more in adversity...

***Everything happens as if the subject had to be irremediably left to the darkness of the night and its distressing ghosts...***

At night, a dark stage when the 'strange sensation of a cold breeze blowing in the eye' manifests itself, preventing them from having the right view of things and their reality, the most archaic anxieties re-emerge. Pains get worse, they see double or the images visualised are seen one under the other. The perception of the world is all the more difficult as the malaise increases... Darkness and dim light are unsettling, which is not the least of paradoxes...

'Night makes things worse', it is 'feared', like the suffering felt 'when waking'... It even gives the 'sensation of burning water flowing through the veins'.

The fire of Hell...

***The body 'talks' and asks questions...***

'Luèse'<sup>2</sup> asks questions about what is expressed through the language of the body and shows the marks, refusals, rebellions, internalised taboos, and constraints impossible to get over.

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<sup>1</sup> Third part of a text published on homeopsy.com from January 2017 and entitled 'Luèse'... *Progressive disorder?*. It is taken from a book to be published at the end of 2017 and entitled *Ordre et désordre. Perspectives homéopathiques*. Editions Homeopsy.

<sup>2</sup> Pathogenic impregnation responsible for pathologies of distortion, destruction, anarchic constructions concerning both the physical and moral spheres, in which depressive states of all types and behavioural disorder if not deviance are usual.

The message of the cells that are affected by it becomes a legacy which expresses without words the 'inherited element' and, even more profoundly, 'what was received hereditarily'.

The mark of the original 'stain' appears here beyond ages...

The fabric of the collective unconscious which, coming from Traditions, constitutes the basis of everything and what links all humans between them, appears again.

What the mind refuses generates pain, leaves its mark on the body, shows in the flesh that ulcerates and is experienced in the tissue that abscesses, becomes hollow or hardens before becoming sclerotic...

The 'numerous destructive occurrences of dental and bone caries, the excessive salivation which becomes more pronounced when asleep to the point where the subject dribbles in their sleep, the fissures, prolapses' show the fragility of what supports the structure and a lack of base.

***Bending, pain, destruction pave the way for suffering.***

The genital system is 'painful, ulcerated, infected', preventing pleasure, as if it too bore the mark of the original stain and constantly evoked what is of the order of miasms and had polluted the matter to be transmitted to the descendants whose procreation will be, paradoxically, hampered.

Does not the pain felt in the very frame which supports the subject, 'as if the bones were sawn', notably the long bones and tibiae, the 'caries of cervical and dorsal vertebrae', and 'chronic rheumatism', express, like the pains engendering suppuration, rashes, and ulcerations, what is included in human beings' foundations and prevents them from progressing ? Is it not the mark of what pollutes, weakens, ulcerates, and makes one react almost to the point of the surface of the skin, that is to say, what constitutes a defensive barrier against the outside world, showing the insufficiency of the inner resources transmitted ?

***The outraged restraint, perhaps the temptation to control what may go into or out of the foundations of the body, can be perceived...***

The particular sensation 'that the rectum is ligatured... and narrowed by a bond' can only be of interest : it inevitably contributes to feelings which can only have an effect on real life and the psyche.

***Aggressiveness is held back...***

'Sciatic' or 'shoulder pains' 'get worse at night', as if the aggressiveness of movements were held back so strongly that 'the muscles form hard knots like balls' which are even more visible when the subject becomes tense.

They have difficulty with their breathing and wheeze and, paradoxically, asthma gets worse in summer, the light and life season, and the painful trachea becomes irritated and generates a cough which becomes more pronounced at night : something of the order of breath and respiration, which can be neither said nor kept to oneself, seems to be held back!

***The communication with the other, with other people, the points of reference, the world are disrupted...***

No breath of fresh air is permitted.

The subject seems to be condemned to what is 'tainted', oppressive, stifling, to what holds back and tries to stiffen to the point of asphyxia... : a mad attempt to stop if not deny time, to block the flow of life to try, in a moment of 'madness', to control its pressure and pace ? Who knows !

***Discernment disorder, errors of judgement, and the refusal of the rules are the domain of Luesinum.***

None of those who bear its mark can escape it...

Neither breathing nor the possibility of looking at light or of refusing to stay in the oppressing darkness is obvious.

***It is at the very heart of cells that the mark of destruction and ossification must be erased...***

And therefore that of the refusal which freezes the subject's life force and hinders them, as a person of 'gap' and desire, from going towards other people...

***The subject is extremely emaciated and weak.***

Impaired in everything regarding movement and change, the poor vitality of the weakest contributes to what makes sclerotic and freezes : the subject does not assimilate properly what can feed them, keep them alive and therefore thwart what slowly destroys them and maintains their suffering.

'Hair loss, dark crimson lines between the wings of the nose and the cheeks' do not contribute to making the facies likely to help self-confidence and hope for the future.

'The cold sensation in the limbs', the lack of strength accentuated by the aversion to meat, the aggravation with all 'extremes of temperature and during thunderstorms' which raise anxiety and increase tension give the sensation that it is 'impossible to get over it'.

***Helpless anger and a feeling of weakness are mixed together...***

Very often felt from childhood, when 'old and wrinkled aspect' predominated and all biting was excluded from life because of the presence of 'fragile teeth decayed at the necks and looking like Hutchinson's teeth', they are considerable and lead the subject to react.

***Summer and the seashore make things worse, unlike the mountains.***

The luminosity, heat and the feelings of unsettledness, insecurity, loss of prospects, lack of limits, and impossible control which the view of the sea may engender are not really conducive to feeling better...

The feeling of relief when facing summits and that experienced when walking slowly show how soothing some fresh air is for the body and mind :

***Fresh air gradually does one good.***

While giving the sensation of a space which is limited or only turned towards the sky, it reassures and gives energy so long as the transition is not too abrupt and the verticality and height of the summits are not too 'aggressive'.

***Moreover, the sea makes things worse...***

It increases diarrhoea, as if the subject were poisoned there...

***On the contrary, the mountains make things better.***

They make one 'stand back' : perhaps they give things the right proportions again, the sense of right distances contributing to purifying the cells and psyche ?

Somatopsychic ? Psychosomatic ? The question remains open.

***Agitation and changes of mood mingle with anxiety.***

'The subject constantly paces up and down', the least counter-argument engenders 'violent irritation', their mood 'is changeable, switching from laughter to tears'.

The subject feels 'hopeless and despairs of ever being cured... Apathy, depression to the point of despair, fear of not being cured'. These are strong words, which express a feeling of great suffering affecting both the body and the psyche. The subject has 'the sensation that they are paralysed or going mad'.

***Memory loss with problems with proper nouns accentuates the sensation that one is confused...***

It makes basic insecurity greater and is made worse by the 'hereditary alcoholic tendencies'.

***Maths operations pose problems...***

Logic, order, the faculties of memorisation and anticipation at fault accentuate the malaise and mistrust towards other people and a very agonising world after all.

***'The fear of contagion' leads the subject to 'wash their hands constantly'.***

A way, like Macbeth, of erasing an imaginary stain ?

***The presence of 'indifference to everything around' ?***

If, through a paradox of memory, the subject 'remembers everything that preceded their illness' with loss of points of reference and elements from the recent past in the background, their way of 'excluding themselves from the world by keeping centring on themselves' will not facilitate their insertion into the real and its constraints.

***Perhaps they do not even have the sensation that they can 'say' any longer ?***

'Their cracked tongue, cut in the middle, their aponia', the discomfort caused by 'excessive salivation' do not contribute to encouraging them to...

***In the face of such experience and harshness of the World that puts strains on them, how can Luesinum not be reduced to 'rebellion' and refusal ?***

Do they not fundamentally carry with them all the marks of miasmatic impregnation in which the mind being part of anger and long-term depression is the counterpart of the destruction of the body caught between the marks of distortion, ulceration, and sclerosis ?

***Is not 'Luèse' the refusal of the rule and not obedience to Order, orders, rules and constraints,***

Those of time, time which accelerates before slowing down and stopping in ossification and obsession ;

Those of space which is supposed to be controlled through a constant rush in which the exhilaration of the movements experienced just precedes the stop and the spectacular depression which follows...

That of a life in which nothing is controlled ?

***Luesinum is aware of this, experiences it and has fundamentally refused it since the beginning of time...***

As regards the clinical expression of what is called the 'luétique' process, it shows this in a most explicit way.

***A text by Doctor Jacqueline Barbancey entitled Luétisme et psychiatrie<sup>3</sup> draws a most illustrative picture of it.***

It shows that observation is closely akin to what comes from pathogenetic descriptions to show that the understanding of what the 'luétique' process covers may permit to cast new light on many pictures which are visible at the present time.

<sup>4</sup> « Pour ce qui est de l'enfant :

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<sup>3</sup> Whose first part was published in the first section of this article about 'Luèse' entitled '*Luèse, progressive disorder ?*' and in the text *Present but so little known... 'luèse'*.

<sup>4</sup> 'As regards the child :

If they are marked by serious anomalies, the acquisition of skills is slow and difficult for them, it reaches a maximum very quickly.

More often than not, they are quick-witted and their apparent intelligence can be misleading in their first years at school. The word 'misleading' quickly becomes obvious when talking about the Luesinum type who, all their life and spontaneously or deliberately, will try to mislead other people and themselves and may learn many things but their knowledge will never be coherent - it is the 'Harlequin costume', as a teacher said about one of his pupils of this type. Therefore they cannot use it easily :

Despite a promising start, one quickly notices that their attention is uneven and not controlled. They are distracted and tempted by everything and, since they are not the ace of the class, they clown around, showing off and bothering the others - cf. Aurum or Mercurius child.

They quickly come up against a difficulty (and get mulish, and will not be able to overcome the obstacle concerning the passage to abstraction). Everything that is not concrete or picturable does not have any meaning to them. Less troublesome in the verbal field (dominated by the right hemisphere), this inability is insurmountable in the field of numbers and symbols (dominated by the left hemisphere) : this is what explains the 'inaptitude for maths' mentioned everywhere in *materia medica* (and which it is a little simplistic to mention without explaining it even very partially).

On the other hand imagination predominates in them (still the right hemisphere) but, as the Luesinum child is not very self-critical and does not have a well-developed sense of limit (for the various reasons that have been expounded), they do not hesitate to 'modify' the facts in their best interests. The truth (still an abstract word) does not mean anything to them... Hence lies by interest, false excuses, lies by boastfulness and mythomaniac fabrications by which they eventually let themselves be taken in...

A little liar, a little shoplifter : if they are tempted by something, they 'pinch' it (not without a careful trick but unashamedly and unregretfully). Conscience ? Honesty ? They nod with gravity and conviction if someone tries to make them realise the meaning and consequences of their actions but, in petto, they do not understand anything. They agree in order to be left in peace and be punished as little as possible but they find all that talking, which does not mean anything to them, is inane and tiresome...

Such is the little 'luétique' to whom motor clumsiness, ENT disorder, and night fears disturbing their sleep contribute to giving a feeling of malaise with which they try to put up as well as they can.

They can succeed in charming (for they can be brilliant and funny) certain teachers and classmates but, as they show off too much (cf. Calc-fluor and Aurum at their age), they end up tiring them and being kept at a distance. But a child like this will not understand why and may begin to think they are a victim of unfairness.

S'il est très marqué d'anomalies graves, ses acquisitions sont lentes et pénibles ; elles plafonnent très vite.

Le plus souvent c'est un enfant vif qui paraît intelligent et qui, dans les premiers temps de sa scolarité peut faire illusion. Ce terme s'impose très vite dès qu'on parle de type Luesinum qui, toute sa vie spontanément ou volontairement, cherche à faire illusion aux autres et à lui-même et peut apprendre beaucoup de choses mais son savoir n'est jamais cohérent - c'est le « manteau d'Arlequin » disait un enseignant au sujet d'un de ses élèves de ce type. Il ne peut donc facilement l'utiliser :

Malgré des débuts prometteurs on constate très vite l'irrégularité et le non contrôle de l'attention. Tout le distrait et le sollicite et faute d'être le crack de la classe, il fait le clown, se donnant à voir et gênant les autres – cf. enfant Aurum ou Mercurius.

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### **The adolescent**

The adolescent crisis does not help matters. As I do not think that 'luèse', Fluorism are basic constitutions (as the Carbonic, Sulphur, 'muriatique' or Phosphoric mode of reaction is) but a deviance of these basic (Sulphur or 'muriatique' most of the time) ways of being, the Luesinum adolescent has the misfortune, for them and their family, of presenting a more or less full range of the disorders of this period.

Psychologically significant somatic disorders, capricious appetite, aversion to meat, anorexia alternating with bulimia, preposterous diets no sooner started than abandoned but in correlation with frequent polydipsia, an appetite for alcohol which emerges or even sets in.

Phobo-obsessional disorders. There is a Luesinum subject similar to a Natrum Muriaticum or even Iodum one who, during adolescence, focuses all their malaise (we know that it comes from far off) on their physical appearance (all the more so as it is not faultless) and may develop body dysmorphic disorder. Some, on the occasion of one of the panic attacks which occur so often during adolescence, may elaborate a phobo-obsessional behaviour centred on the fear of illness and contagion with much washing of the hands, washing and nearly delirious disinfection of meal accessories or clothes etc. , irrational behaviour beyond any attempt at reassurance and rationalisation.

Very characteristic social behaviour problems furthered by the bad integration of the family, academic failure, unmerited unemployment : rebellious behaviour (vandalism, minor or aggravated theft), violent and aggressive behaviour which have to be curbed but which show a form of desperate provocation but also a capacity for generous gestures with someone they know or meet without it elevating them to the concept of justice for all that.

The frequency of drug addictions in this group of adolescents signals evolutionary failure : what the young Luesinum fiercely tries to destroy is the intolerable self-image by which they have been haunted since they were born.

Fortunately, not all of them are like this but they are very often unstable, always ready to change their jobs persuading themselves that they will find an extremely good place, deluding themselves about their capacities, questioning and having difficulty bearing directives, remarks, criticisms, comparisons, competition (because, of course, they know they are not particularly worthy) and all constraints.

In prison, where there are many Luesinum adolescents and where they 'make new acquaintances', they may collapse emotionally, have panic attacks and show depressive and suicidal symptomatology.

Also keen on exciting recreational activities, excitement, rhythmic night shows, obvious noises, and harsh light (because of their obsessive fear of silence, loneliness, and night which take them back to their ridiculous image), they pursue in vain and to the point of exhaustion 'a "something else" ' whose name they do not know.

### **The adult and the elderly subject**

Fortunately, there are many of them who will find more or less easily help to live, affection which will help and support them by giving them the salutary opportunity to use their gifts and originality. They will remain fragile, ready to sidestep any difficulty, cheat, and run away from failure, notably into alcoholism (evolution towards Sulphuric Acid, Picric Acid, Ars Alb, Zinc, Plumbum with deficient symptomatology, especially as regards memory). Death too often occurs by physical degeneration through cirrhosis, cancer of the digestive system, or aortitis.

Our aim is not, when faced with the psychiatric picture of Luesinum, to make an observation but, by understanding the psychodynamics of the 'luétique' symptomatology, to prevent relentlessly and perseveringly the specific disorders and develop therapeutics for them as far as possible. Luesinum is less a therapeutic unit than a synthesis of the ways of being marked by the sign of deviance'.

Bien vite il bute (et se bute et quoiqu'il en est, ne pourra franchir cet obstacle sur le passage à l'abstraction). Tout ce qui n'est pas concret ou 'imageable' n'a pas de sens pour lui. Moins gênante dans le domaine verbal (sous la dominante de l'hémisphère droit), cette impossibilité est rédhitoire dans le domaine des chiffres et des symboles (sous la dominante de l'hémisphère gauche) : c'est ce qui explique cette « inaptitude aux mathématiques » partout mentionnée dans les matières médicales (et qu'il est un peu simpliste d'indiquer sans l'expliquer même bien partiellement).

Par contre, l'imagination domine chez lui (toujours le cerveau droit) mais comme l'autocritique est faible et le sens des limites peu développé chez l'enfant Luesinum (pour les différentes raisons qui ont été exposées) il ne se gêne pas pour « arranger » les faits au mieux de ses droits immédiats. La vérité (un terme abstrait encore) cela ne veut rien dire pour lui... D'où mensonges d'intérêt, mensonges d'excuse, mensonges de vantardise et inventions mythomaniaques auxquelles il finit par se laisser prendre...

Petit menteur, petit voleur : un objet lui fait envie, il le « pique » (non sans prudente astuce mais sans honte, ni regret. Conscience ? Honnêteté ? Il hoche la tête d'un air sérieux et convaincu si l'on tente de lui faire saisir le sens et la portée de ses gestes, mais in petto, il n'y comprend rien. Il approuve pour avoir la paix et le minimum de punition mais il trouve ineptes et fatigants tous ces discours qui pour lui ne représentent rien...

Tel est ce petit luétique auquel des maladresses motrices, des troubles ORL et des peurs nocturnes troublant son sommeil contribuent en outre à donner un sentiment de mal-être dont il essaie, comme il peut, de s'accommoder.

Il peut en arriver à séduire (car il peut être brillant et drôle) certains enseignants et certains camarades mais à trop donner à voir (cf. Calc fluor et Aurum au même âge), il finit par lasser et être tenu à distance. Seulement un tel enfant ne comprend pas pourquoi et il peut commencer à se croire victime d'injustice.

## **L'adolescent**

La crise d'adolescence n'arrange évidemment rien. La « luèse », le fluorisme, n'étant pas pour moi, une constitution de base (comme le sont le mode réactionnel carbonique, sulfurique, muriatique ou phosphorique) mais une déviance de ces modes d'être de base (sulfurique ou muriatique le plus souvent) l'adolescent Luesinum a le triste privilège pour lui et pour sa famille, de présenter un éventail à peu près complet de tous les troubles de cette période.

Troubles somatiques à signification psychologique, appétit capricieux, aversion pour la viande, anorexie alternant avec boulimie, régimes alimentaires saugrenus aussi vite entrepris qu'abandonnés, mais par contre, en corrélation avec une fréquente polydipsie, appétence alcoolique qui se profile ou même s'installe.

Troubles phobo-obsessionnels. Il y a un Luesinum voisin de Natrum muriaticum ou même Iodum qui, à l'adolescence focalise tout son mal-être (nous savons que cela vient de loin) sur son apparence physique (d'autant qu'elle n'est pas sans reproche) et peut ainsi développer une dysmorphophobie. Certains, à l'occasion d'une des crises de panique si fréquentes à l'adolescence, peuvent élaborer tout un comportement phobo-obsessionnel axé sur la peur de la maladie, de la contagion, avec lavages multiples des mains, lavages et désinfection quasi délirante des accessoires des repas ou de vêtements etc...comportements irrationnels échappant bien sûr à toute tentative de réassurance et de rationalisation.

Troubles du comportement social très caractéristique, favorisé par la mauvaise insertion familiale, les échecs scolaires, le chômage immérité : comportements de révolte (vandalisme, vols petits ou graves) comportements de violence et d'agression qu'il faut bien réprimer mais qui témoignent d'une forme de provocation désespérée, mais aussi capacité de gestes généreux pour quelqu'un qu'ils connaissent ou rencontrent, sans pour autant que cela l'élève au concept abstrait de justice.

La fréquence des toxicomanies dans ce groupe d'adolescents signe l'échec évolutif ; ce que le jeune Luesinum essaie de détruire avec acharnement, c'est cette insupportable image de lui-même qui le poursuit depuis qu'il est né.

Tous ne sont pas heureusement ainsi, mais, très souvent instables, toujours prêts à changer de métier en se persuadant qu'ils vont trouver la place rare, s'illusionnant sur leurs capacités, discutant et supportant mal directives, observations, critiques, comparaisons, compétitions (parce que, bien sûr, ils se savent médiocrement valables) et toutes contraintes.

En milieu carcéral où les adolescents Luesinum abondent et « se font des relations », ils peuvent décompenser, faire des crises de panique et présenter une symptomatologie dépressive et suicidaire.

Par ailleurs, grands amateurs de distractions excitantes, d'agitation, de spectacles nocturnes rythmés, de bruits évidents et d'éclairages violents (par hantise du silence, de la solitude et de la nuit qui les renvoient à leur image dérisoire), ils entretiennent jusqu'à l'épuisement une vaine recherche d'« un 'autre chose' » dont ils ne savent pas le nom.

### **L'adulte et le sujet âgé**

Par chance, nombreux sont ceux qui vont plus ou moins aisément trouver une aide à vivre, une affection qui les aide et les encadre en leur donnant l'occasion salvatrice de réaliser leurs dons et leurs originalités. Ils resteront fragiles, prêts devant toute difficulté à pratiquer l'esquive, à tricher et devant tout échec à fuir notamment dans l'alcoolisme (évolution vers Sulfuric acid, Picric acid, Arsenicum alb, Zincum, Plumbum avec toute une symptomatologie déficitaire en particulier dans le champ de la mémoire. Trop souvent la mort survient dans la déchéance physique par cirrhose, cancer digestif ou aortite.

Il ne s'agit pas devant le tableau psychiatrique de Luesinum de faire un constat, mais en comprenant la psychodynamique de la sémiologie luétique de faire avec acharnement, persévérance dans la mesure du possible une prévention et une thérapeutique des troubles spécifiques. Luesinum est moins une unité thérapeutique qu'une synthèse des modes d'être marqués du signe de la déviance.

To be continued...<sup>5</sup>

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<sup>5</sup> Translated by Pascale Tempka