

I- PSYCHE... IMMUNITY... HOMOEOPATHY:

AS A PREAMBLE

The practice of homoeopathy in psychiatry is relatively new and occurs in a little-known field, even from a classic angle. The fact that there is still great confusion between psychiatry, psychology, psychoanalysis and psychotherapy does not make things easier. The medical curriculum, lacking in courses on these various fields in which, in certain cases, psychoanalysis has moved to the forefront - and has often supplanted the initial practice -, complicates many things.

A psychiatrist is by definition a doctor. Like any doctor, they issue prescriptions but they do more than that: the knowledge acquired through other disciplines often complements their understanding of the illness in its pathophysiological aspect as well as that of the unconscious in its way of functioning and its effects.

The knowledge of homoeopathy is 'one more string' to their bow. The knowledge it engenders enriches the way of approaching the disorder, adding various invaluable parameters that permit to back up the diagnosis and improve the therapeutic approach and prognosis.

The opposite is also true: the knowledge of the psyche and its way of functioning permits to better understand the problems of certain homoeopathic types and what exposes them more particularly to certain sorts of pathologies. Certain fragile areas in their psyches and the physical base that paves the way for them predispose them to them.

The autoimmune pathology is one of the examples of them that is worth analysing in the light of these two – classic and homoeopathic – views. One should leave aside neither the immunological element nor the surprising correspondences it may have with what is perceptible at the level of the psyche.¹

Geneviève Ziegel

¹ Translated by Pascale Tempka